

TILAK MAHARASHTRA VIDYAPEETH

INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE.

NAME OF THE EVENT – “Seminar on the occasion of National Arthritis day 2 February 2023”

ORGANIZER – Tilak Maharashtra Vidyapeeth, Nursing Department

DATE AND TIME – 2 March 2023 Time 4.30 pm

PARTICIPANTS – 3rd year B. B. Sc. Nursing Student

VENUE – 3rd Year B.Sc. Nursing class

Rheumatoid Awareness day 2023: Every year on February 2, Rheumatoid Arthritis Awareness Day is observed. On this day, the Rheumatoid Patient Foundation started a campaign to raise awareness of the auto-immune disease, which attacks the joints and causes inflammation in addition to other potentially harmful conditions.

CENTRAL OBJECTIVES:

National Rheumatoid arthritis day 2023 celebrate to spread awareness about rheumatoid arthritis disease.

ACTIVITIES:

On the occasion of National Rheumatoid arthritis day 2023, Institute of Nursing Education and Research, Tilak Maharashtra Vidyapeeth, under the guidance of Prof. Dr. Madhuri Shelke (Principal, INER) and Prof. Dr. Perpetua Fernandes (Vice principal, INER), Mr. Vaibhav Kamble (Clinical Instructor, INER, TMV) organized a seminar on Rheumatoid arthritis in Institute of Nursing Education and Research, Pune. Seminar was presented by Mr. Vaibhav Kamble (Clinical Instructor, INER, TMV) in 3rd year B. B. Sc. Classroom. Students were attentive for seminar.

TOPIC ADDRESSED:

Seminar on the occasion of world national rheumatoid arthritis day depicted various aspects such as-

- Introduction of rheumatoid arthritis: Definition, meaning and introduction.

- Risk factors of rheumatoid arthritis: idiopathic, family history, genetic, smoking, vitamin D deficiency.
- Epidemiology of rheumatoid arthritis
- Clinical features and complications of rheumatoid arthritis: swelling, fatigue, joint pain, joint tenderness, joint redness, etc.
- Diagnostic tests for rheumatoid arthritis: Physical examination, X-Ray, MRI, USG, blood test for rheumatoid factor, etc.
- Treatment for rheumatoid arthritis: aspirin, non steroidal anti-inflammatory drug, anti malarial drug, etc.
- Control and elimination of rheumatoid arthritis: Improve patient care quality, monitor treatment continuously, health education and awareness regarding rheumatoid arthritis, etc.

The chronic inflammatory disease rheumatoid arthritis (R.A.) can have an impact on our joints. As an auto-immune disease, Rheumatoid Arthritis causes the body's immune system to attack its own tissues. Rheumatoid arthritis can result in bone erosion, deformity, inflammation, swelling in the joint linings, and other symptoms. In order to dispel these facts and raise awareness, Rheumatoid Arthritis Awareness Day is celebrated. Institute of Nursing Education and Research, Tilak Maharashtra Vidyapeeth able to create awareness about rheumatoid arthritis in nursing students so they can use that knowledge and information in their professional and personal future.



Mr. Vaibhav Kamble

Clinical Instructor

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