

TILAK MAHARASHTRA VIDYAPEETH TRUST

INSTITUTE OF NURSING EDUCATION AND RESEARCH PUNE.

NAME OF THE EVENT – “Healthy diet Exhibition” On the occasion of Nutritional Week.

ORGANIZER – Tilak Maharashtra Vidyapeeth Nursing Department

DATE AND TIME – 23/09/2022 Time 12 -1 pm

PARTICIPANTS – Final Year Basic B.Sc. Nursing Students

VENUE – Community Health Nursing Lab. INER, TMV

THEME – “Celebrate the world of flavours”

Diet Exhibition topics –

- Antenatal Diet
- Postnatal Diet
- Weaning Diet
- Cardiac Diet
- Balance Diet

Theme – “Celebrate the world of flavours ”

National Week of the Nutrition in India is celebrated on 1st of September to 7th September every year. Under the guidance of Prof. Dr. Madhuri Shelke (Principal, INER) the Nutrition week was celebrated on 23rd September by the Final year B.Sc Nursing Students. The students were divided into 5 groups and each group was mentored by their mentors for the Nutrition week.

The objective of the Nutrition week was to raise the awareness about importance of Nutrition and Healthy diet and its different types.

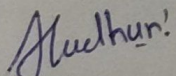
The inauguration of the program was done by Principal Prof. Dr. Madhuri Shelke and Ms. Sujata from Examination dept. Students prepared and displayed the different types of diet, its benefits of the diet and how to calculate and prepare the menu. The students displayed their diets in very organised and creative way.

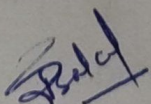
Dr. Aditi from Hotel Management Department of TMV was invited as Judge for the diet exhibition. Based on the criteria of content, purpose, relevance and organisation the diets were judged. The Winners are as follows:-

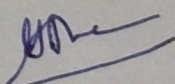
- First Prize: Group A ANC DIET
- Second Prize: was shared by Group B (Weaning diet) and Group C (Cardiac Diet)

The nursing students of 2nd year as well as 1st year were also present for the exhibition and could gain additional knowledge through the presentation.

The session ended with vote of thanks by Mrs. Urmila Chaudhari (Asso Prof). Students expressed that the session was really beneficial for them


Madhuri Kotkar

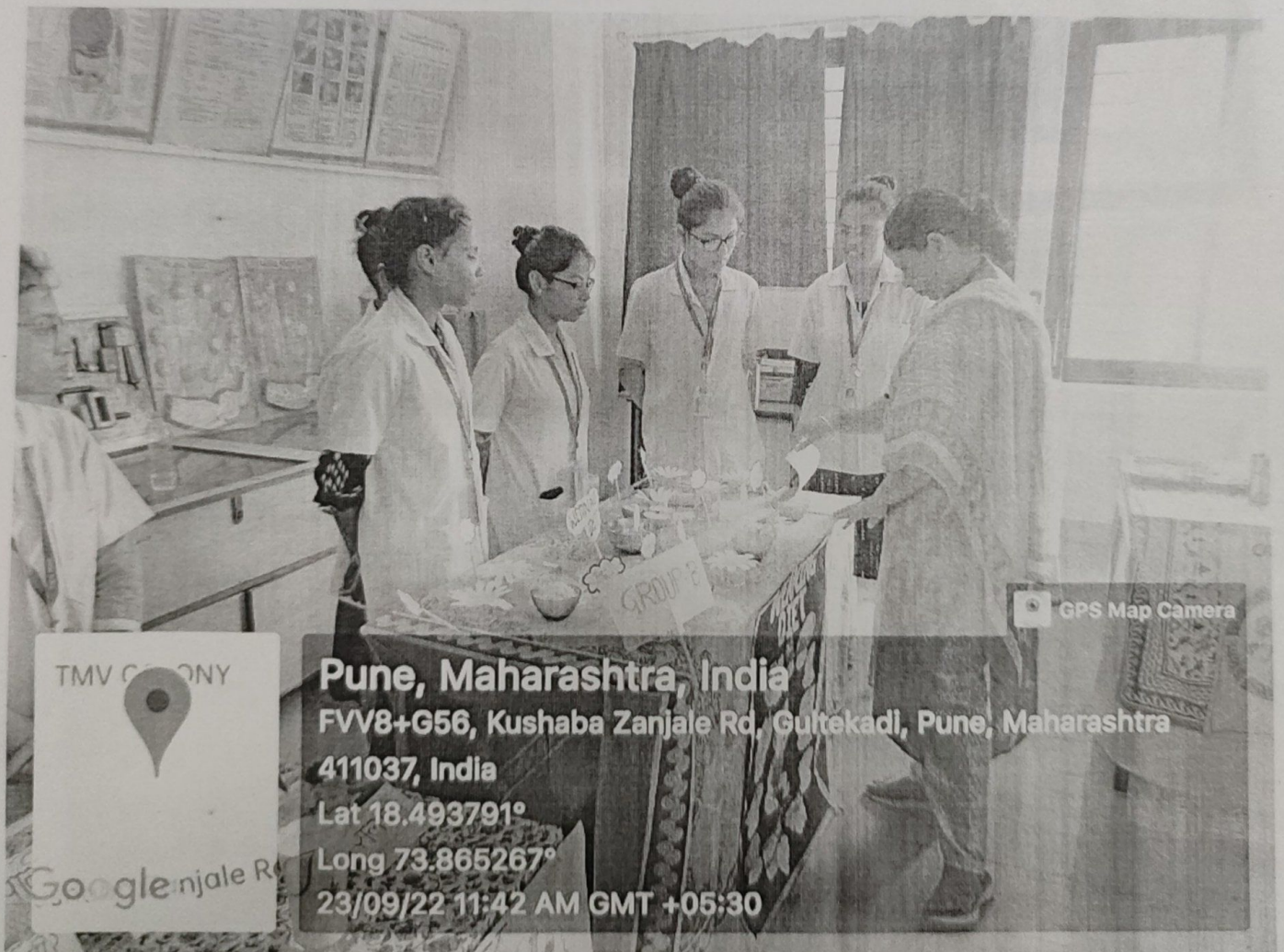

Mrs. Shilpa Bakal
Programme Co-Ordinator


Prof. Dr. Madhuri Shelke
Principal

Principal
Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.



Pune, MH, India
Minata Thakre Road, TMV Nagar
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TMV COLONY



Pune, Maharashtra, India
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