

**TILAK MAHARASHTRA VIDYAPEETH PUNE**

**INSTITUTE OF NURSING EDUCATION AND RESEARCH PUNE.**

Name of the event – **International Day of older Persons.**

Organizer – Tilak Maharashtra Vidyapeeth Nursing Department

Date and Time – 03/10/2022 Time 10 am

Participants – F.Y. Basic B.Sc & S.Y. Basic B.Sc. Nursing Students

Speaker – Mrs. Shilpa Bakal

Venue – 2<sup>nd</sup> Year B.Sc. Classroom.

Topic Addressed – Seminar and Essay Writing

- Introduction to International Day of older Persons.
- Definition of Older Persons.
- Understanding the needs of Older Persons.
- Understanding the common health problems among older persons.
- Management of the common health problems among older persons.
- Importance of celebration of Day of Older Persons
- Role of Nurse in creating awareness regarding International Day of older Persons.


Theme - **“Resilience of older persons in a changing World”.**

On 14<sup>th</sup> December, The United Nations General Assembly designated this day as the International Day of Older Day.

Recognizing the vital contributions of older women and promoting the inclusion of their voices, perspectives and needs are critical to creating meaningful policies to enhance holistic responses to local, national and global challenges and catastrophes.

The day is celebrated by raising awareness about issues affecting the elderly, such as senescence and elder abuse. The awareness is created among the nursing students by conducting the seminar on Older day. The seminar was inclusive of Introduction to International Day of older Persons. Definition of Older Persons. Understanding the needs of Older Persons. Understanding the common health problems among older persons. Management of the common health problems among older persons. Importance of celebration of Day of Older Persons and the role of Nurse in creating awareness regarding International Day of older Persons.

At the end of the session, the effectiveness of the seminar was assessed through the question answers session and the organization of Essay writing competition for the students.



Mrs. Shilpa Bakal

Associate Professor



Ms. Urmila Chaudhari

Programme Co-ordinator



Prof. Dr. Madhuri Shelke

Principal



